

Wraps

Falafel Wrap V S N G D	£9.00
(4 pieces) Served with hummus, salad & chilli garlic sauce.	
Halloumi Wrap V N D G	£9.00
(4 pieces) Served with hummus, salad & chilli garlic sauce.	
Mix Wrap (Falafel & Halloumi) V S N D G	£9.00
(2 pieces of each) Served with hummus, salad & chilli garlic sauce.	
Lahmacun & Doner Wrap D G	£10.00
Lahmacun & Lamb or Chicken doner, salad & chilli garlic sauce.	
Chicken Doner Wrap D G	£10.00
Chicken doner, salad & chilli garlic sauce.	
Lamb Doner Wrap D G	£10.00
Lamb doner, salad & chilli garlic sauce.	
Mix Doner Wrap (Lamb & Chicken) D G	£10.00
Lamb and Chicken doner, salad & chilli garlic sauce.	
Lamb Shish Wrap D G	£10.00
Lamb shish, salad & chilli garlic sauce.	
Chicken Shish Wrap D G	£10.00
Chicken shish, salad & chilli garlic sauce.	

Beers

	ABV	SIZE	30ml
Peroni	5.1%	330ml	£3.50
Budweiser	4.8%	330ml	£3.50
Corona	4.5%	330ml	£3.50
Efes	5.0%	330ml	£3.50
Efes Draft	5.0%	500ml	£4.50
Tuborg	5.0%	500ml	£4.50

Drinks

Coke Can	330ml	£1.50
Diet Coke Can	330ml	£1.50
Fanta Orange Can	330ml	£1.50
Tango Apple Can	330ml	£1.50
7up Can	330ml	£1.50
Still Water	330ml	£1.50
Fruit Shoot	200ml	£1.50
Strawberry, Blackcurrant, Apple, Orange		
Still Water	750ml	£3.00
Sparkling Water	750ml	£3.00
Ayran Yoghurt Shake		£1.50
Acili Salgam Spicy Turnip Juice		£1.50

Desserts

Rice Pudding D G E	£3.00
Baklava D G N E	£4.00



Sultan Sofrasi

RESTAURANT

TAKE AWAY MENU



deliveroo

📞 **020 8983 9784**

72 Parnell Road, London E3 2RU

Web: www.sultansofrasi.co.uk

Alcohol is only available to over 18's.
All prices include VAT at the current rate.
All products are subject to availability.

* FOOD ALLERGIES & INTOLERANCES

Should you have concerns about a food allergy or intolerance please speak to our staff before you order your food or drinks.

Cold Starters

Hummus V N	£4.50
Chick peas puree, tahini, olive oil & touch of garlic	
Cacik V D	£5.50
Yoghurt dip with cucumber, dill, mint, olive oil & touch of garlic	
Shakshuka V	£5.50
Deep fried diced aubergine, tomato, onion, potato, green & red peppers	
Tarama F	£4.50
Freshly prepared whipped cod roe, olive oil & lemon juice	
Yaprak Sarma V G D	£4.50
Vine leaves stuffed with rice, herbs, dressed with olive oil, lemon & served with cacik	
Prawn Cocktail SF	£5.50
Prawns on a bed of mixed salad & cocktail sauce	
Russian / Rus Salad V E	£5.50
Potatoes, carrots, peas, mayonnaise, pickles, sweetcorn	
Tabule V	£5.50
Onions, parsley, green & red peppers, lemon, salt & oil	
Mixed Meze Plate V F E D N	£14.50
A selection of 6 cold starters: cacik, hummus, tarama, russian salad, shakshuka & tabule	
Olives V	£5.00
Feta Cheese D	£5.00
With tomato & cucumber	
Yoghurt D	£5.00

Hot Starters

Lahmacun D G	£3.50
Minced lamb, onions, tomatoes & parsley on a flat bread	
Spicy Pan Fried Sucuk 4 pcs	£6.50
(Turkish Sausage) Minced beef & mixed spices	
Borek V D G	£6.50
Pastry filled with feta cheese & parsley	
Garlic Mushrooms V D	£6.50
Garlic, mushrooms, butter & double cream & cheddar cheese	
Lamb's Liver D	£7.50
Pan fried diced lamb's liver cooked with butter sauce, served with red onions, parsley & sumac dressing	
King Prawns SF	£8.00
Pan fried king prawns with garlic, herbs, lemon & halep sauce	
Calamari D F S O C G E M U	£8.00
Freshly fried squid rings marinated with milk & bread crumbs, served with tartar sauce	
Pan Fried Halloumi Cheese V D 4 pcs	£6.50
Served on a bed of green salad	
Sesame Falafel 4 pcs V S N D G	£6.50
A mix of broad beans, chick peas, mixed vegetable, herb fritters, served with hummus	
White Bait D F G	£6.50
Served with tartar sauce	

Soups

Served with pickles

Lentil Soup V	£7.00
Red lentil with vegetable stock & herbs	
Chicken Soup E D	£7.00
Chicken, vegetable stock, yoghurt & herbs, eggs	

Salads

Ezme Salad V	£6.50
Finely chopped tomatoes, onions, peppers & parsley, flavoured with herbs & spices	
Greek Salad V D	£7.50
Tomatoes, cucumbers, onions, green peppers, olives with feta cheese	
Coban Salad V	£6.50
Tomatoes, green peppers, cucumber, onions, parsley	
Halloumi Salad V D	£7.50
Cyprus style cheese with mixed salad	

Fish

Served with chips or new potato & salad

Sea Bass F D	£19.50
Grilled whole sea bass, seasoned with chopped lemon, green & red peppers & butter	
Salmon F D	£19.50
Grilled salmon, seasoned with chopped lemon, green & red peppers & butter	
Karides Tava S F V	£19.50
King prawns with vegetables & halep sauce	
Calamari F D S O C G E M U	£19.50
Freshly fried squid rings marinated with milk & bread crumbs, served with tartar sauce	

Vegetarian Main Dishes

Sesame Falafel V S N D G	£16.50
A mix of broad beans, chick peas, mixed vegetables, herb fritters, served with hummus, mix rice & salad	
Vegetable Casserole V D G	£16.50
Mixed vegetables with halep sauce, served with mix rice & salad	
Vegetarian Kebab V D G	£16.50
Aubergine, green & red peppers, mushrooms, onions & halep sauce, served with mix rice & salad	
Veggie Sarma Beyti V D G	£16.50
Mushroom, mixed peppers & aubergine, char grilled & wrapped in tortilla bread served with halep sauce, mix rice, yoghurt & salad	
Moussaka V D G	£16.50
Oven baked Mediterranean vegetables topped with halep sauce, béchamel sauce & melted cheddar cheese, served with mix rice & salad	

Grills

Grills served with chips instead of rice will be extra £1.50

Lamb Doner D G	£14.00
Specially prepared on a spit, served with mix rice & salad	
Chicken Doner D G	£14.00
Specially prepared on a spit, served with mix rice & salad	
Mixed Doner D G	£14.00
Specially prepared on a spit, served with mix rice & salad	
Adana Kofte G Sml	£12.00
Lrg	£16.00
Char grilled marinated minced lamb, served with mix rice & salad	
Lamb Shish D G Sml	£13.00
Lrg	£16.50
Char grilled marinated diced lamb, served with mix rice & salad	
Chicken Shish D G Sml	£12.00
Lrg	£16.50
Char grilled marinated diced chicken, served with mix rice & salad	
Mixed Shish D G	£16.50
A mixture of lamb & chicken shish, served with mix rice & salad	
Grilled Ribs (Kaburga) D G	£19.50
Char grilled lamb ribs, served with mix rice & salad	
Mixed Grill D G	£23.50
Char grilled chicken shish, lamb shish, adana kofte served with mix rice & salad	
Lamb Chops D G	£23.50
Marinated lamb chops with olive oil, oregano, served with mix rice & salad	
Chicken Chops D G	£16.00
Marinated chicken thigh served with mix rice & salad	
Chicken Wings D G	£14.00
Char grilled chicken wings, served with mix rice & salad	
Chicken Beyti D G	£16.00
Char grilled minced chicken kofte, garlic, green & red peppers & parsley, served with mix rice & salad	
Lamb Beyti D G	£16.00
Char grilled minced lamb kofte, garlic, green & red peppers & parsley, served with mix rice & salad	

House Specials

Served with mix rice or mashed potato D V & salad

Lamb Casserole D G	£17.00
Sliced tender lamb slow cooked with vegetables, & halep sauce	
Chicken Casserole D	£17.00
Sliced chicken slow cooked with vegetable & halep sauce	
Lamb's Liver Sote D	£17.00
Diced Lamb liver, slow cooked with vegetables & halep sauce	
Lamb Shank (Kleftiko) D	£22.50
Knuckle of lamb slow baked with vegetables	
Beef Lasagna D G	£17.00
Baked with cheddar cheese served with halep sauce	

Dishes with Yoghurt

Served with salad

Mixed Shish with Yoghurt Sauce D G	£19.50
Specially prepared lamb & chicken shish on a bed of chopped bread topped with yoghurt, halep sauce & butter sauce	
Adana Kofte with Yoghurt Sauce D G	£19.50
Specially prepared spicy minced lamb on a bed of chopped bread topped with yoghurt, halep sauce & butter sauce	
Lamb Shish with Yoghurt Sauce D G	£19.50
Specially prepared tender diced lamb on a bed of chopped bread topped with yoghurt, halep sauce & butter sauce	
Chicken Shish with Yoghurt Sauce D G	£19.50
Specially prepared tender diced chicken on a bed of chopped bread topped with yoghurt, halep sauce & butter sauce	
Iskender D G	£19.50
Specially prepared lamb doner on a bed of chopped bread topped with yoghurt, halep sauce & butter sauce	
Sarma Chicken Beyti D G	£19.50
Specially prepared minced chicken flavoured with herbs on a skewer, char grilled & wrapped in thin tortilla bread with cheddar cheese, served with halep sauce, mix rice & yoghurt	
Sarma Lamb Beyti D G	£19.50
Specially prepared minced lamb flavoured with herbs on a skewer, char grilled & wrapped in tortilla bread with cheddar cheese, served with halep sauce, mix rice & yoghurt	

Side Dishes

Chips	£3.50
Rice D G	£3.50
Couscous D G	£3.50
Mashed Potato V D	£4.00
Grilled Onion V	£4.00
Bread E D G	£2.50
Extra Salad V	£2.00
Extra Chilli V	£0.50
Extra Garlic V D E	£0.50

ALLERGENS:

E - Egg	G - Gluten	SU - Sulphur Dioxide
D - Dairy	C - Celery	MU - Mustard
F - Fish	S - Sesame	SF - Shellfish
N - Nuts	SO - Soya	V - Vegetarian

Mixed Hot & Cold Meze

D F E S V N G

Hummus, tabule, shakshuka, cacik, tarama, Russian salad, falafel, borek, halloumi cheese & sucuk (Turkish sausage)

£22.50 for 2 people
£27.50 for 4 people

Chicken Platter

D G

(serves 2-3 people)
Portion of chicken doner, chicken shish, chicken wings, chicken beyti & chicken chops, served with rice, couscous & salad

£52.50

Sultan Special

D G

(serves 2-3 people)
Portion of chicken & lamb doner 1 skewer chicken shish, 1 skewer lamb shish, 1 skewer adana kofte, portion of chicken wings, 8pcs lamb ribs, served with rice, couscous & salad

£60.00

Family Special

D G

(serves 3-4 people)
Portion of chicken & lamb doner 1 skewer chicken shish, 1 skewer lamb shish, 1 skewer adana kofte, portion of chicken wings, portion of chicken beyti, portion of lamb beyti, 8pcs lamb ribs, served with rice, couscous & salad

£70.00

Mixed Hot & Cold Meze Plus Sultan Special

D E S G V N

(Serves 2-3 people)
Hummus, tabule, shakshuka, cacik, russian salad, sucuk, borek, halloumi & falafel

£72.50